

EAT to LIVE

HOW HEALTHY EATING CAN HELP YOUR MIND AND BODY



HELPS PROTECT YOU FROM:

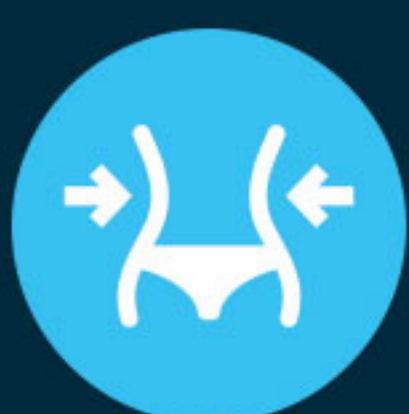
Heart Attack & Heart Failure

Type 2 Diabetes

Stomach Cancer

Colon Cancer

Sexual Problems



HEALTHIER WEIGHT



LOWER BLOOD PRESSURE



MORE ENERGY



MORE RESTFUL SLEEP

LONGER LIFE!

CLEARER THINKING

STRONGER TEETH

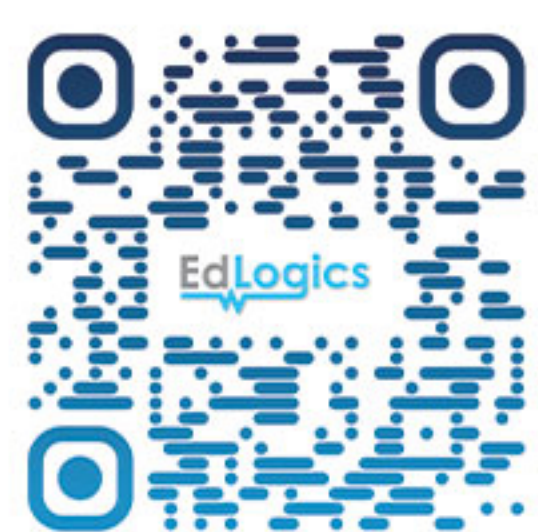
BETTER MOOD

LESS HEARTBURN

HEALTHIER SKIN, NAILS & HAIR

STRONGER BONES

TOWNE *Life*



Register today for more health resources.

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Go to myedlogics.com/towne/account/register and follow the instructions.